



Nutritional Information - Regular Mozzarella Pizzas - Ireland

Table with 11 columns: Pizza name, Size, Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows include GF Cheese & Tomato, GF Vegi Supreme, GF Pepperoni Passion, GF Texas BBQ, GF New Yorker.

Table with 11 columns: Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows for GF pizzas corresponding to the first table.

Table with 11 columns: Pizza name, Size, Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows include Vegan Margherita, Vegan Vegi Supreme, The Chick-Ain't, Vegan Margherita - Italian Style, Vegan Vegi Supreme - Italian Style, The Chick-Ain't - Italian Style.

Table with 11 columns: Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows for Vegan pizzas corresponding to the second table.

Table with 11 columns: Pizza name, Crust Type, Size, Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows include Absolute Banger with Classic, Italian Style, Stuffed, and Thin & Crispy crusts.

Table with 11 columns: Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows for Absolute Banger pizzas corresponding to the third table.

Table with 11 columns: Pizza name, Crust Type, Size, Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows include American Hot with Classic, Italian Style, Stuffed, and Thin & Crispy crusts.

Table with 11 columns: Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows for American Hot pizzas corresponding to the fourth table.

Table with 11 columns: Pizza name, Crust Type, Size, Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows include Bacon Double Cheese with Classic, Italian Style, Stuffed, and Thin & Crispy crusts.

Table with 11 columns: Energy (kcal), Energy (kJ), Fat (g), Sat (g), Carb (g), Sugars (g), Fibre (g), Protein (g), Salt (g), Sodium (g). Rows for Bacon Double Cheese pizzas corresponding to the fifth table.

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Buffalo Chicken	Classic Crust	Large	231	975	6.7	3.3	28.7	6.1	2.0	9.6	1.45	0.57
		Medium	239	1006	7.2	3.7	30.2	6.3	2.2	12.6	1.45	0.57
		Small	213	894	5.7	3.1	26.6	4.0	2.3	13.1	1.26	0.50
		Personal	265	1121	6.3	3.1	39.6	6.0	2.1	12.0	1.50	0.59
	Italian Style Crust	Large	221	929	6.9	3.5	23.7	6.8	2.1	10.7	1.52	0.60
		Medium	220	927	6.8	3.5	24.4	6.6	2.3	14.6	1.55	0.61
		Small	236	995	6.9	3.7	29.4	3.7	2.0	13.6	1.55	0.61
	Stuffed Crust	Large	220	922	7.2	4.1	24.6	3.9	3.1	9.9	1.39	0.55
		Medium	230	964	8.2	4.2	26.0	6.5	3.7	11.3	1.41	0.65
	Thin & Crispy Crust	Large	236	990	8.3	4.1	26.6	5.6	2.0	7.8	1.45	0.57
		Medium	247	1036	8.6	4.4	26.9	5.5	1.9	14.8	1.83	0.72

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
576	2424	16.6	8.2	71.4	15.2	4.9	23.8	3.61	1.42			
509	2144	15.3	7.9	64.5	13.3	4.6	26.8	3.09	1.22			
924	3868	24.9	13.2	115.0	17.4	9.9	56.5	5.47	2.15			
541	2283	12.8	6.4	80.7	12.3	4.3	24.4	3.05	1.20			
466	1957	14.6	7.4	48.9	14.4	4.3	22.6	3.20	1.28			
401	1685	12.3	6.3	44.4	12.0	4.1	26.6	2.82	1.11			
794	3343	23.3	12.5	98.9	12.4	6.7	45.6	5.22	2.05			
688	2881	22.5	13.0	76.8	12.1	9.7	31.1	4.36	1.71			
598	2512	21.5	11.0	67.7	17.0	9.8	29.5	3.67	1.44			
430	1804	15.1	7.6	48.4	10.1	3.7	14.1	2.65	1.04			
395	1659	13.8	7.0	43.0	8.7	3.0	23.7	2.93	1.15			

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Catalan Chicken and Chorizo	Classic Crust	Large	257	1079	10.0	4.2	28.4	6.1	2.0	12.6	1.25	0.49
		Medium	263	1102	10.4	4.6	29.6	6.3	2.2	11.8	1.21	0.48
		Small	231	965	8.8	3.9	24.6	4.1	2.3	12.5	1.07	0.42
		Personal	280	1179	8.9	3.9	37.3	5.9	2.2	11.7	1.24	0.49
	Italian Style Crust	Large	252	1053	10.8	4.6	23.5	6.8	2.1	14.2	1.28	0.50
		Medium	249	1043	10.5	4.5	24.0	6.6	2.3	13.6	1.27	0.50
		Small	263	1101	10.4	4.8	28.7	3.8	2.1	12.8	1.28	0.50
	Stuffed Crust	Large	241	1009	10.1	4.8	24.2	6.4	3.8	11.5	1.18	0.46
		Medium	250	1045	10.9	4.9	25.6	6.5	3.7	10.7	1.21	0.48
	Thin & Crispy Crust	Large	270	1130	12.7	5.4	26.2	5.6	2.1	11.9	1.19	0.47
		Medium	278	1161	12.8	5.5	26.2	5.5	2.0	13.6	1.49	0.59

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)												
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)			
660	2774	25.7	10.9	72.9	15.8	5.2	32.4	3.23	1.27			
588	2465	23.3	10.2	66.1	14.0	5.0	26.3	2.71	1.06			
997	4188	37.0	15.7	114.6	19.8	7.1	48.7	4.74	1.87			
624	2626	19.9	8.6	83.1	13.2	4.9	26.1	2.77	1.09			
551	2307	23.6	10.0	51.5	15.0	4.7	31.2	2.81	1.11			
479	2006	20.3	8.7	46.1	12.7	4.5	26.1	2.44	0.96			
935	3920	37.2	16.9	102.0	13.7	7.5	45.5	4.56	1.79			
708	2961	29.7	14.1	71.0	18.7	11.0	33.7	3.47	1.36			
676	2833	29.4	13.4	69.3	17.7	10.0	29.0	3.29	1.29			
515	2154	24.1	10.2	50	10.8	4	22.8	2.26	0.89			
473	1980	21.8	9.3	44.7	9.4	3.4	23.2	2.55	1.00			

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Chicken Feast	Classic Crust	Large	251	1058	7.2	3.5	30.6	5.9	2.0	15.3	1.11	0.44
		Medium	259	1091	7.7	3.9	32.1	6.0	2.2	14.6	1.07	0.42
		Small	232	971	6.2	3.2	28.3	3.7	2.3	14.8	0.93	0.37
	Italian Style Crust	Personal	286	1208	6.7	3.3	42.0	5.8	2.2	13.6	1.15	0.45
		Large	244	1028	7.5	3.7	25.7	6.6	2.1	17.6	1.11	0.44
		Medium	243	1023	7.4	3.7	26.4	6.3	2.3	17.1	1.11	0.44
	Stuffed Crust	Small	262	1103	7.6	4.0	32.0	3.3	2.1	15.8	1.14	0.45
		Large	235	985	7.7	4.2	25.8	6.2	3.9	13.7	1.05	0.41
		Medium	246	1032	8.7	4.4	27.4	6.3	3.8	12.9	1.10	0.43
	Thin & Crispy Crust	Large	263	1107	8.1	4.5	29.1	5.2	2.1	15.6	0.98	0.38
		Medium	275	1153	9.4	4.7	29.2	5.1	1.9	17.6	1.34	0.53

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
595	2508	17.1	8.3	72.6	13.9	4.8	36.3	2.63	1.03	
531	2234	15.8	8.0	65.8	12.3	4.6	29.8	2.19	0.86	
955	4000	25.6	13.3	116.7	15.3	9.7	60.8	3.84	1.51	
557	2351	13.1	6.4	81.7	11.3	4.2	26.6	2.24	0.88	
485	2042	15.0	7.5	51.1	13.1	4.3	35.1	2.21	0.87	
422	1774	12.8	6.4	45.7	11.0	4.0	29.6	1.92	0.76	
825	3474	24.0	12.6	100.7	10.2	6.5	49.9	3.59	1.41	
642	2695	21.1	11.5	70.6	16.8	10.6	37.6	2.87	1.13	
620	2602	21.8	11.1	69.0	15.9	9.6	32.5	2.77	1.09	
449	1888	15.6	7.6	49.6	8.9	3.6	26.6	1.67	0.66	
416	1748	14.3	7.1	44.3	7.7	3.0	26.7	2.03	0.80	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Farmhouse	Classic Crust	Large	233	981	7.1	3.5	29.3	6.1	1.9	12.0	1.27	0.50
		Medium	239	1006	7.6	3.9	30.5	6.2	2.1	11.1	1.26	0.50
		Small	212	889	6.1	3.2	26.6	3.9	2.2	11.8	1.12	0.44
	Italian Style Crust	Personal	267	1128	6.7	3.3	40.5	6.0	2.0	10.3	1.33	0.52
		Large	222	935	7.5	3.8	24.1	6.9	2.0	13.7	1.31	0.51
		Medium	220	923	7.3	3.7	24.6	6.6	2.2	12.9	1.33	0.53
	Stuffed Crust	Small	236	994	7.4	4.0	29.7	3.5	1.9	11.9	1.38	0.54
		Large	219	919	7.7	4.2	24.7	6.4	3.8	10.9	1.19	0.47
		Medium	229	962	8.6	4.4	26.1	6.5	3.7	10.1	1.26	0.49
	Thin & Crispy Crust	Large	238	1001	9.0	4.5	27.3	5.5	1.9	11.1	1.21	0.47
		Medium	247	1037	9.3	4.7	27.1	5.4	1.8	12.9	1.59	0.63

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
552	2327	16.9	8.4	69.5	14.5	4.5	28.6	3.02	1.19	
493	2072	15.7	8.0	62.9	12.8	4.3	22.8	2.60	1.02	
894	3741	25.6	13.5	111.9	16.3	9.3	49.5	4.71	1.85	
522	2205	13.1	6.5	79.2	11.7	4.0	20.2	2.60	1.02	
443	1861	14.8	7.5	48.0	13.7	4.0	27.4	2.60	1.02	
384	1612	12.7	6.5	42.9	11.5	3.8	22.6	2.33	0.92	
763	3211	24.0	12.8	95.8	11.3	6.1	38.4	4.44	1.75	
599	2514	21.0	11.6	67.5	17.4	10.3	29.9	3.26	1.28	
581	2440	21.8	11.2	66.2	16.4	9.3	25.5	3.18	1.25	
408	1710	15.4	7.7	46.6	9.5	3.3	19.0	2.06	0.81	
378	1586	14.2	7.1	41.5	8.2	2.7	19.7	2.44	0.96	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Four Vegi	Classic Crust	Large	246	1036	7.4	3.7	33.2	6.9	2.3	11.0	1.12	0.44
		Medium	254	1069	7.9	4.1	35.0	7.1	2.6	9.8	1.08	0.43
		Small	225	940	6.2	3.3	30.5	4.5	2.7	10.6	0.94	0.37
	Italian Style Crust	Personal	286	1206	6.9	3.4	45.9	6.7	2.6	9.2	1.20	0.47
		Large	237	996	7.8	4.0	28.3	7.9	2.5	12.7	1.13	0.44
		Medium	236	990	7.6	3.9	29.3	7.6	2.8	11.6	1.13	0.44
	Stuffed Crust	Small	255	1074	7.8	4.2	35.2	4.2	2.5	10.4	1.16	0.46
		Large	229	961	7.9	4.4	27.7	7.0	4.3	10.0	1.06	0.42
		Medium	241	1010	8.9	4.6	29.3	7.2	4.2	9.0	1.11	0.44
	Thin & Crispy Crust	Large	258	1082	9.6	4.8	32.6	6.6	2.6	9.5	0.98	0.39
		Medium	269	1130	9.9	5.0	32.9	6.5	2.4	11.3	1.39	0.55

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
539	2270	16.1	8.0	72.6	15.0	5.1	24.2	2.46	0.97	
479	2015	14.9	7.7	66.0	13.3	4.9	18.5	2.04	0.80	
867	3628	24.1	12.9	117.8	17.3	10.4	41.0	3.61	1.42	
515	2173	12.4	6.2	82.8	12.2	4.7	16.5	2.17	0.85	
429	1803	14.0	7.2	51.2	14.2	4.6	23.0	2.05	0.80	
370	1555	11.9	6.2	46.0	12.0	4.4	18.3	1.77	0.70	
737	3101	22.5	12.2	101.8	12.2	7.2	30.0	3.36	1.32	
586	2457	20.2	11.2	70.7	18.0	10.9	25.5	2.70	1.06	
568	2383	21.1	10.9	69.3	17.0	9.9	21.2	2.62	1.03	
393	1650	14.6	7.4	49.7	10.0	3.9	14.6	1.50	0.59	
365	1529	13.4	6.8	44.6	8.7	3.3	15.3	1.88	0.74	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Full House	Classic Crust	Large	247	1041	8.3	4.3	28.5	6.4	1.9	11.7	1.24	0.49
		Medium	255	1072	10.1	4.8	29.6	6.5	2.1	10.8	1.23	0.48
		Small	231	964	8.6	4.1	26.0	4.3	2.2	11.5	1.11	0.43
	Italian Style Crust	Personal	281	1182	9.8	4.4	37.0	6.1	1.9	10.5	1.37	0.54
		Large	240	1008	10.0	4.7	23.7	7.1	2.0	13.2	1.27	0.50
		Medium	240	1008	10.1	4.7	24.1	6.9	2.1	12.4	1.29	0.51
	Stuffed Crust	Small	257	1077	10.5	5.0	28.5	4.1	1.9	11.5	1.33	0.52
		Large	233	978	9.6	4.9	24.5	6.6	3.7	10.7	1.17	0.46
		Medium	251	1050	10.5	5.2	27.4	7.0	3.8	9.9	1.23	0.48
	Thin & Crispy Crust	Large	257	1078	11.8	5.5	26.4	6.0	1.9	10.7	1.17	0.46
		Medium	267	1120	12.3	5.7	26.3	5.8	1.8	12.3	1.51	0.60

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
638	2683	24.1	11.1	73.6	16.5	4.9	30.2	3.21	1.26	
573	2407	22.6	10.7	66.6	14.6	4.6	24.2	2.76	1.09	
1053	4404	39.4	18.8	118.8	19.8	9.9	52.4	5.05	1.99	
630	2652	22.0	9.9	82.9	13.7	4.4	23.6	3.08	1.21	
528	2217	22.0	10.3	52.1	15.7	4.3	29.0	2.79	1.10	
465	1948	19.6	9.1	46.5	13.3	4.1	24.0	2.49	0.98	
924	3877	37.8	18.1	102.7	14.8	6.7	41.4	4.79	1.89	
709	2969	29.0	14.8	74.4	20.1	11.1	32.5	3.55	1.40	
655	2747	27.5	13.5	71.6	18.2	9.9	25.9	3.21	1.26	
492	2063	22.6	10.4	50.6	11.4	3.6	20.5	2.24	0.88	
459	1922	21.1	9.8	45.1	10.0	3.0	21.1	2.60	1.02	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Ham & Pineapple	Classic Crust	Large	244	1027	7.4	3.7	31.3	7.2	1.8	12.1	1.31	0.52
		Medium	250	1052	7.9	4.1	32.7	7.3	2.0	11.1	1.30	0.51
		Small	221	924	6.3	3.3	28.2	4.7	2.1	11.8	1.15	0.45
	Italian Style Crust	Personal	277	1170	6.9	3.4	42.8	7.1	2.0	10.3	1.36	0.53
		Large	235	986	7.8	4.0	26.3	8.2	1.9	13.9	1.36	0.53
		Medium	232	973	7.6	3.9	26.7	7.9	2.1	13.1	1.39	0.54
	Stuffed Crust	Small	248	1044	7.7	4.2	31.9	4.6	1.8	12.0	1.43	0.56
		Large	228	955	7.9	4.4	26.2	7.3	3.8	11.0	1.22	0.48

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Hot & Spicy	Classic Crust	Large	247	1042	8.2	4.0	31.1	6.4	2.0	11.4	1.35	0.63
		Medium	256	1076	8.8	4.5	32.9	6.6	2.3	10.2	1.31	0.52
		Small	223	931	7.1	3.7	27.9	4.1	2.4	10.8	1.16	0.45
	Italian Style Crust	Large	239	1004	8.8	4.4	26.0	7.3	2.2	13.0	1.40	0.56
		Medium	238	1000	8.7	4.4	26.9	7.1	2.4	12.1	1.40	0.55
		Small	257	1080	8.9	4.7	32.6	3.8	2.1	10.8	1.43	0.56
	Stuffed Crust	Large	231	968	8.6	4.7	26.0	6.7	4.0	10.3	1.25	0.49
		Medium	242	1017	8.7	4.9	27.7	6.8	3.9	9.3	1.30	0.51
	Thin & Crispy Crust	Large	260	1088	10.7	5.3	29.7	6.0	2.1	10.1	1.31	0.51
		Medium	271	1138	11.1	5.6	30.1	5.9	2.0	11.8	1.70	0.67

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
557	2344	18.5	9.1	70.0	14.5	4.6	25.6	3.03	1.19		
492	2069	17.0	8.6	63.3	12.8	4.4	19.6	2.53	0.99		
772	3228	24.5	12.8	96.7	14.2	8.2	37.5	4.01	1.58		
524	2209	14.3	7.1	79.6	11.7	4.0	17.5	2.53	0.99		
447	1877	16.4	8.2	48.6	13.7	4.1	24.4	2.62	1.03		
384	1610	14.0	7.1	43.3	11.5	3.8	19.4	2.26	0.89		
762	3205	26.4	13.9	96.6	11.3	6.2	32.2	4.23	1.66		
604	2531	22.6	12.3	68.1	17.4	10.4	26.9	3.27	1.29		
581	2437	23.1	11.8	66.5	16.4	9.4	22.3	3.11	1.22		
411	1723	17.0	8.4	47.0	9.4	3.4	15.9	2.07	0.81		
378	1584	15.5	7.7	41.9	8.2	2.8	16.5	2.37	0.93		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
House Special Tandori Chicken	Classic Crust	Large	272	1140	11.9	5.2	26.6	5.3	1.6	13.9	1.51	0.59
		Medium	281	1179	12.8	5.6	27.6	5.4	1.8	13.1	1.52	0.60
		Small	256	1069	11.3	4.9	24.3	3.4	1.9	13.4	1.37	0.54
	Italian Style Crust	Large	269	1126	13.0	5.6	21.6	5.9	1.7	15.6	1.58	0.62
		Medium	271	1134	13.3	5.7	21.9	5.6	1.8	15.0	1.62	0.64
		Small	288	1207	13.8	5.9	26.4	2.9	1.5	14.0	1.66	0.65
	Stuffed Crust	Large	254	1065	11.8	5.6	22.7	5.7	3.3	12.6	1.41	0.55
		Medium	265	1111	12.8	5.8	24.0	5.8	3.3	11.8	1.47	0.58
	Thin & Crispy Crust	Large	289	1209	15.1	6.5	23.9	4.6	1.6	13.6	1.53	0.60
		Medium	301	1257	15.8	6.8	23.8	4.4	1.4	15.2	1.87	0.74

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
724	3042	31.7	13.7	70.9	14.3	4.3	37.0	4.03	1.58		
655	2748	29.9	13.1	64.2	12.6	4.2	30.5	3.53	1.39		
1200	5010	52.8	22.8	114.1	15.8	8.9	62.9	6.44	2.53		
720	3026	30.7	11.9	80.5	11.5	3.9	28.9	3.89	1.53		
615	2575	29.7	12.9	49.4	13.4	3.8	35.8	3.61	1.42		
547	2288	26.9	11.6	44.2	11.3	3.6	30.3	3.27	1.28		
1070	4484	51.3	22.1	98.0	10.8	5.8	51.9	6.18	2.43		
772	3229	35.8	17.0	69.0	17.2	10.2	38.3	4.27	1.68		
744	3116	36.0	16.3	67.5	16.2	9.2	33.2	4.12	1.62		
579	2421	30.2	13.1	47.9	9.2	3.1	27.3	3.06	1.21		
541	2262	28.4	12.2	42.8	8.0	2.5	27.4	3.37	1.33		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meatball Maloe	Classic Crust	Large	267	1118	12.8	5.6	25.7	4.2	2.2	12.2	1.44	0.57
		Medium	278	1167	12.6	5.8	30.1	6.3	2.1	11.1	1.41	0.55
		Small	301	1264	11.6	5.2	38.6	5.9	2.1	10.5	1.47	0.58
	Italian Style Crust	Large	302	1267	11.5	5.2	39.0	6.0	2.1	10.5	1.47	0.58
		Medium	265	1109	12.5	5.7	24.6	7.0	2.0	13.4	1.46	0.57
		Small	268	1122	13.1	6.0	24.8	6.6	2.1	12.7	1.49	0.59
	Stuffed Crust	Large	284	1188	13.5	6.2	28.7	3.7	1.9	11.8	1.53	0.60
		Medium	247	1037	11.3	5.6	25.5	6.6	3.7	10.9	1.30	0.51
	Thin & Crispy Crust	Large	260	1087	12.7	6.0	26.1	6.5	3.5	10.2	1.38	0.54
		Medium	285	1193	14.6	6.6	27.4	5.8	2.0	11.0	1.39	0.55
			298	1248	15.5	7.0	27.0	5.6	1.8	12.7	1.73	0.68

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
760	3183	36.4	15.9	73.2	12.0	6.3	34.7	4.09	1.61		
644	2700	29.2	13.5	69.6	14.5	4.8	25.7	3.25	1.28		
1438	6041	55.4	24.9	184.5	28.3	9.9	50.0	7.01	2.76		
660	2771	25.1	11.3	85.4	13.1	4.6	22.9	3.21	1.26		
601	2518	28.5	13.0	55.9	15.8	4.7	30.4	3.32	1.30		
536	2246	26.2	11.9	49.6	13.2	4.3	25.5	2.99	1.17		
1080	4528	51.3	23.8	109.4	14.3	7.4	44.8	5.83	2.29		
814	3413	37.1	18.4	83.8	21.6	12.2	36.0	4.29	1.69		
724	3032	35.4	16.6	72.8	18.2	9.8	28.4	3.84	1.51		
566	2370	29.0	13.2	54.4	11.6	4.0	21.9	2.77	1.09		
532	2228	27.7	12.6	48.2	9.9	3.2	22.6	3.09	1.22		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meatcor	Classic Crust	Large	311	1300	16.9	7.5	27.7	11.5	1.8	11.2	1.60	0.63
		Medium	325	1364	14.2	6.1	34.0	10.7	1.8	14.3	1.61	0.63
		Small	325	1363	15.4	6.2	33.7	10.5	1.4	12.4	1.85	0.73
	Italian Style Crust	Large	349	1464	15.4	5.9	38.1	10.4	1.7	13.7	1.96	0.77
		Medium	321	1346	14.2	5.8	36.5	13.7	1.8	10.9	1.92	0.76
		Small	315	1323	13.9	5.7	35.5	14.0	2.2	11.0	1.97	0.78
	Stuffed Crust	Large	308	1285	15.2	6.3	29.5	11.0	1.7	12.6	1.85	0.73
		Medium	312	1310	14.2	6.6	29.8	9.3	2.4	15.2	1.86	0.73
	Thin & Crispy Crust	Large	309	1292	13.9	6.2	29.4	9.8	3.6	14.6	1.70	0.67
		Medium	334	1399	17.0	6.9	29.6	12.3	2.7	14.4	1.94	0.76
			340	1424	17.7	7.1	31.8	12.0	2.7	12.2	2.00	0.79

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)											
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)		
752	3148	40.8	18.1	67.0	27.9	4.3	27.2	3.88	1.52		
690	2898	30.3	12.9	72.3	22.8	3.9	30.5	3.42	1.34		
1198	5023	56.6	22.8	124.2	38.7	5.3	45.6	6.83	2.68		
786	3297	34.6	13.3	85.9	23.4	3.7	30.9	4.41	1.74		
655	2749	29.0	11.7	74.5	28.0	3.7	22.2	3.92	1.54		
705	2962	31.1	12.7	79.5	31.4	5.0	24.6	4.42	1.74		
1052	4393	52.1	21.6	100.7	37.7	5.7	42.9	6.32	2.48		
898	3770	40.8	19.0	85.8	26.7	6.9	43.9	5.34	2.10		
833	3489	37.6	16.8	79.4	26.6	9.8	38.5	4.58	1.80		
587	2457	29.9	12.1	52.0	21.7	4.8	25.2	3.40	1.34		
542	2269	28.1	11.3	50.7	19.2	4.3	19.4	3.19	1.26		

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meat Xtreme	Classic Crust	Large	295	1238	13.1	5.3	28.9	5.6	1.8	14.6	1.74	0.69
		Medium	305	1276	14.0	5.8	29.8	5.6	1.9	13.8	1.76	0.69
		Small	275	1149	12.3	5.1	25.9	3.4	2.0	14.2	1.58	0.62
	Italian Style Crust	Large	327	1374	14.0	5.4	36.2	5.1	1.8	13.3	1.89	0.74
		Medium	296	1239	14.5	5.9	23.8	6.2	1.8	16.7	1.86	0.73

Pizza name	Crust Type		Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Mexican Hot	Classic Crust	Large	268	1126	11.3	5.6	28.5	6.0	1.8	12.5	1.56	0.62	
		Medium	279	1168	12.2	6.2	29.7	6.1	2.0	11.5	1.56	0.62	
		Small	250	1045	10.4	5.3	26.2	3.9	2.1	12.0	1.39	0.55	
	Italian Style Crust	Personal	302	1270	10.4	5.2	40.6	6.0	2.0	10.6	1.56	0.61	
		Large	265	1108	12.3	6.2	23.3	6.7	1.9	14.2	1.65	0.65	
		Medium	267	1116	12.6	6.4	23.8	6.4	2.0	13.4	1.69	0.66	
	Stuffed Crust	Small	284	1192	12.9	6.6	29.0	3.5	1.8	12.3	1.72	0.68	
		Large	250	1047	11.3	6.0	24.1	6.2	3.6	11.3	1.45	0.57	
	Thin & Crispy Crust	Medium	262	1096	12.3	6.3	25.5	6.4	3.6	10.5	1.50	0.59	
		Large	287	1199	14.6	7.3	26.2	5.4	1.8	11.7	1.61	0.63	
			Medium	300	1252	15.3	7.7	26.2	5.2	1.6	13.4	1.98	0.78

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
658	2762	27.6	13.7	69.8	14.6	4.4	30.6	3.83	1.51	
591	2477	25.9	13.1	63.1	12.9	4.2	24.4	3.32	1.31	
1074	4482	44.6	22.8	112.3	16.5	9.1	51.7	5.98	2.36	
590	2482	20.3	10.2	79.3	11.8	3.9	20.7	3.05	1.20	
548	2295	25.6	12.9	48.3	13.8	3.9	29.4	3.42	1.34	
482	2018	22.9	11.6	43.1	11.6	3.7	24.2	3.05	1.20	
944	3956	43.0	22.1	96.3	11.5	5.9	40.7	5.72	2.25	
705	2948	31.7	16.9	67.8	17.6	10.3	31.9	4.07	1.60	
680	2845	32.0	16.2	66.3	16.6	9.2	27.2	3.90	1.53	
512	2141	26.1	13.1	46.8	9.6	3.2	20.9	2.87	1.13	
477	1992	24.4	12.2	41.7	8.3	2.6	21.3	3.16	1.24	

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Mighty Meaty	Classic Crust	Large	263	1107	10.9	5.0	27.5	5.8	1.8	13.0	1.49	0.59	
		Medium	272	1141	11.8	5.5	28.5	5.9	2.0	12.2	1.50	0.59	
		Small	246	1028	10.2	4.8	24.8	3.7	2.1	12.8	1.36	0.53	
	Italian Style Crust	Personal	296	1247	10.6	4.8	38.2	5.9	2.0	11.3	1.48	0.58	
		Large	259	1086	11.9	5.4	22.5	6.5	1.9	14.7	1.56	0.61	
		Medium	260	1088	12.1	5.5	22.7	6.2	2.0	14.1	1.60	0.63	
	Stuffed Crust	Large	276	1157	12.5	5.9	27.0	3.4	1.7	13.2	1.65	0.65	
		Medium	247	1034	10.9	5.4	23.7	6.1	3.6	11.8	1.38	0.54	
	Thin & Crispy Crust	Large	258	1079	11.9	5.7	25.0	6.3	3.5	11.0	1.44	0.57	
		Medium	279	1168	13.9	6.3	25.1	5.2	1.8	12.5	1.50	0.59	
			Medium	289	1210	14.5	6.6	24.8	5.0	1.7	14.1	1.86	0.73

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Sodium (g)
676	2842	28.0	12.8	70.7	14.9	4.7	33.5	3.82	1.50	
612	2566	26.5	12.3	64.0	13.2	4.5	27.4	3.36	1.32	
1131	4723	47.0	22.0	114.1	17.2	9.5	58.7	6.26	2.46	
625	2630	22.3	10.1	80.6	12.4	4.2	23.8	3.12	1.23	
567	2375	25.9	11.9	49.3	14.1	4.1	32.3	3.40	1.34	
503	2107	23.4	10.7	44.0	11.9	3.9	27.2	3.10	1.22	
1001	4197	45.4	21.3	98.1	12.2	6.3	47.8	5.99	2.36	
747	3127	32.9	16.4	71.6	18.6	10.9	35.8	4.16	1.64	
728	3048	33.7	16.0	70.5	17.7	9.9	31.1	4.07	1.60	
531	2221	26.5	12.1	47.8	9.9	3.4	23.8	2.85	1.12	
497	2081	25.0	11.4	42.6	8.7	2.8	24.3	3.20	1.26	

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
New Yorker	Classic Crust	Large	278	1167	11.5	4.7	29.5	5.8	1.8	13.2	1.59	0.63	
		Medium	288	1207	12.5	5.2	30.5	5.9	2.0	12.2	1.61	0.63	
		Small	258	1078	10.8	4.4	26.2	3.5	2.1	12.9	1.46	0.57	
	Italian Style Crust	Personal	316	1332	11.7	4.2	40.6	5.7	1.9	11.2	1.63	0.64	
		Large	276	1155	12.7	5.1	24.2	6.5	1.9	15.1	1.69	0.67	
		Medium	277	1160	13.0	5.2	24.4	6.2	2.0	14.4	1.75	0.69	
	Stuffed Crust	Small	295	1240	13.6	5.5	29.1	3.0	1.7	13.3	1.81	0.71	
		Large	257	1078	11.5	5.2	24.7	6.1	3.7	11.9	1.47	0.58	
	Thin & Crispy Crust	Medium	269	1125	12.6	5.4	26.0	6.2	3.6	11.0	1.54	0.60	
		Large	301	1262	15.2	6.1	27.4	5.1	1.8	12.6	1.65	0.65	
			Medium	313	1311	15.9	6.4	27.0	4.9	1.6	14.5	2.07	0.82

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Sodium (g)
644	2707	26.7	10.8	68.3	13.5	4.2	30.6	3.70	1.46	
582	2444	25.3	10.4	61.8	11.9	4.0	24.8	3.26	1.28	
1081	4519	45.4	18.4	109.9	14.6	8.6	53.9	6.10	2.40	
610	2558	22.6	8.0	78.3	10.9	3.7	21.6	3.14	1.24	
534	2240	24.6	9.9	46.9	12.6	3.6	29.3	3.28	1.29	
474	1985	22.3	8.9	41.8	10.5	3.4	24.6	2.99	1.18	
951	3992	43.8	17.7	93.8	9.5	5.4	42.9	5.84	2.30	
691	2894	30.8	14.6	66.4	16.4	10.0	31.9	3.94	1.55	
671	2811	31.4	13.6	65.0	15.0	9.0	27.5	3.84	1.51	
498	2086	25.2	10.1	45.4	8.4	2.9	20.9	2.73	1.07	
468	1958	23.8	9.5	40.4	7.3	2.4	21.6	3.10	1.22	

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Original Cheese and Tomato	Classic Crust	Large	284	1195	10.3	5.5	33.5	6.7	2.0	13.4	1.31	0.52	
		Medium	296	1241	11.1	6.0	35.5	6.9	2.2	12.3	1.28	0.50	
		Small	259	1082	8.9	5.0	30.8	4.2	2.3	12.8	1.09	0.43	
	Italian Style Crust	Personal	326	1372	9.3	4.9	48.4	6.8	2.2	11.0	1.34	0.53	
		Large	283	1188	11.5	6.2	28.2	7.7	2.1	15.8	1.37	0.54	
		Medium	284	1191	11.5	6.3	29.2	7.5	2.3	14.8	1.37	0.54	
	Stuffed Crust	Small	300	1261	10.3	5.8	36.2	3.8	2.0	14.7	1.40	0.55	
		Large	261	1092	10.5	6.0	27.6	6.9	4.1	12.0	1.21	0.48	
	Thin & Crispy Crust	Medium	272	1141	11.5	6.2	29.3	7.1	4.0	13.9	1.27	0.50	
		Large	316	1323	14.2	7.6	32.9	6.2	2.0	12.9	1.25	0.49	
			Medium	331	1384	14.8	8.0	33.3	6.1	1.8	15.0	1.70	0.67

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Sodium (g)
580	2442	21.1	11.2	68.3	13.6	4.0	27.4	2.68	1.06	
515	2161	19.4	10.5	61.8	12.0	3.8	21.4	2.22	0.87	
922	3852	31.6	17.6	109.8	14.8	8.3	45.5	3.87	1.52	
526	2220	15.1	7.9	78.2	11.0	3.6	17.8	2.17	0.85	
471	1975	19.0	10.3	46.9	12.8	3.4	26.2	2.27	0.89	
406	1702	16.4	9.0	41.8	10.7	3.3	21.1	1.96	0.77	
776	3264	26.7	15.0	93.7	9.8	5.2	38.1	3.62	1.42	
628	2628	25.2	14.4	66.4	16.6	9.8	28.8	2.92	1.15	
604	2529	25.5	13.7	65.0	15.7	8.8	24.1	2.81	1.10	
435	1821	19.6	10.5	45.4	8.6	2.7	17.8	1.72	0.68	
400	1678	17.9	9.6	40.4	7.4	2.2	18.2	2.06	0.81	

Pizza name	Crust Type	Size	Per 100g										
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
Pepperoni Passion	Classic Crust	Large	315	1320	14.9	7.1	30.0	6.0	1.7	14.5	1.74	0.68	
		Medium	329	1377	16.2	7.9	31.2	6.0	1.9	13.6	1.77	0.69	
		Small	297	1237	14.3	6.9	27.0	3.6	2.0	14.1	1.60	0.63	
	Italian Style Crust	Personal	355	1490	15.1	7.1	41.1	5.8	1.9	12.7	1.85	0.73	
		Large	320	1338	16.7	8.1	24.7	6.7	1.8	16.7	1.87	0.73	
		Medium	325	1360	17.4	8.4	25.1	6.4	2.0	16.0	1.94	0.76	
	Stuffed Crust	Small	347	1453	18.2	8.9	30.2	3.1	1.6	14.9	2.02	0.79	
		Large	289	1208	14.3	7.3	25.1	6.2	3.7	13.0	1.59	0.63	
	Thin & Crispy Crust	Medium	302	1261	15.6	7.6	26.5	6.4	3.6	12.1	1.66	0.65	
		Large	354	1478	20.0	9.6	28.1	5.3	1.7	14.5	1.86	0.73	
			Medium	370	1544	21.1	10.1	27.9	5.1	1.5	16.4	2.30	0.90

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Sodium (g)
721	3021	34.0	16.3	68.6	13.6	4.0	33.2	3.98	1.56	
655	2740	32.3	15.6	62.1	12.0	3.8	27.0	3.52	1.38	
1215	5066	58.5	28.4	110.4	14.8	8.3	57.6	6.57	2.58	
678	2846	28.9	13.6	78.6	11.0	3.6	24.3	3.53	1.39	
611	2555	32.0	15.4	47.2	12.8	3.4	31.9	3.56	1.40	
546	2281	29.3	14.1	42.1	10.7	3.3	26.8	3.25	1.28	
1085	4539	57.0	27.7	94.4	9.8	5.2	46.6	6.31	2.48	
768	3208	38.1	19.5	66.7	16.6	9.8	34.5	4.22	1.68	
743	3108	38.4	18.8	65.3	15.7	8.8	29.8	4.10	1.61	
575	2401	32.5	15.6	45.7	8.6	2.7	23.5	3.01	1.19	
540	2255	30.8	14.7	40.7	7.4	2.2	23.9	3.35	1.32	

Pizza name	Crust Type	Size	Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Ranch BBQ	Classic Crust	Large	312	1306	15.9	7.1	27.9	11.5	1.8	13.4	1.63	0.64
		Medium	328	1377	13.1	5.7	34.9	10.9	1.8	16.7	1.64	0.64
		Small	329	1379	14.1	5.7	35.1	10.7	1.4	14.7	1.90	0.75
	Italian Style Crust	Personal	350	1470	12.6	4.9	42.7	11.4	1.7	15.5	1.90	0.75
		Large	323	1356	13.0	5.3	37.1	13.8	1.8			

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Texas BBQ	Classic Crust	Large	279	1170	12.4	5.8	29.0	12.3	1.9	12.0	1.29	0.51
		Medium	292	1231	9.2	4.1	36.3	11.6	2.0	15.4	1.27	0.50
		Small	289	1216	9.7	4.0	36.7	11.6	1.6	13.1	1.49	0.59
		Personal	323	1359	9.8	3.7	43.4	11.9	1.8	14.5	1.64	0.65
	Italian Style Crust	Large	284	1194	8.7	3.6	38.8	14.8	1.9	11.7	1.58	0.62
		Medium	283	1194	9.1	3.8	37.8	15.1	2.4	11.7	1.68	0.66
		Small	266	1115	9.1	3.9	32.2	12.3	1.8	13.4	1.45	0.57
		Personal	285	1199	10.3	5.1	30.9	9.7	2.5	16.1	1.61	0.63
	Stuffed Crust	Large	281	1181	10.0	4.7	30.6	10.4	3.8	15.5	1.44	0.57
		Medium	291	1225	10.8	4.4	31.7	13.5	3.0	15.7	1.53	0.60
	Thin & Crispy Crust	Large	296	1242	11.1	4.4	34.3	13.3	3.0	13.5	1.58	0.62
		Medium	296	1242	11.1	4.4	34.3	13.3	3.0	13.5	1.58	0.62

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
633	2657	28.3	13.1	65.9	27.9	4.3	27.1	2.93	1.15	
571	2408	17.9	8.0	71.1	22.7	3.8	30.1	2.48	0.98	
957	4030	32.2	13.1	121.7	38.5	5.1	43.5	4.95	1.94	
622	2621	18.9	7.1	83.7	22.9	3.5	28.0	3.16	1.24	
536	2258	16.5	6.7	73.4	28.0	3.7	22.2	2.98	1.17	
587	2475	18.8	7.8	78.3	31.3	4.9	24.3	3.49	1.37	
811	3400	27.6	11.9	98.1	37.5	5.6	40.9	4.43	1.74	
751	3161	27.2	13.5	81.4	25.7	6.6	42.4	4.24	1.67	
684	2871	24.2	11.3	74.4	25.3	9.3	37.7	3.49	1.37	
468	1966	17.3	7.1	50.9	21.7	4.8	25.2	2.46	0.97	
427	1793	16.0	6.4	49.6	19.2	4.3	19.5	2.28	0.90	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Cheeseburger	Classic Crust	Large	239	1007	9.1	3.9	28.0	6.6	1.8	10.7	1.31	0.52
		Medium	247	1036	9.7	4.3	29.4	6.8	1.9	9.6	1.28	0.50
		Small	221	928	8.1	3.6	25.9	4.6	2.1	10.3	1.14	0.45
		Personal	270	1136	8.7	3.7	38.2	6.6	1.9	8.9	1.35	0.53
	Italian Style Crust	Large	231	970	9.7	4.2	23.2	7.4	1.8	11.9	1.35	0.53
		Medium	231	967	9.7	4.2	23.9	7.2	2.0	11.0	1.35	0.53
		Small	245	1027	9.8	4.4	28.4	4.5	1.7	10.0	1.37	0.54
		Personal	229	947	9.4	4.5	24.0	6.8	3.5	9.8	1.23	0.48
	Stuffed Crust	Large	236	991	10.3	4.7	25.5	6.9	3.4	9.0	1.27	0.50
		Medium	246	1032	11.4	4.9	25.8	6.3	1.7	9.4	1.26	0.50
	Thin & Crispy Crust	Large	256	1072	11.8	5.1	26.0	6.2	1.6	10.7	1.58	0.62
		Medium	256	1072	11.8	5.1	26.0	6.2	1.6	10.7	1.58	0.62

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
635	2673	24.2	10.4	74.3	17.5	4.7	28.3	3.48	1.37	
564	2367	22.2	9.8	67.1	15.5	4.4	22.0	2.93	1.15	
1023	4276	37.5	16.8	119.7	21.4	9.5	47.6	5.25	2.06	
587	2472	18.9	8.0	83.2	14.4	4.1	19.4	2.93	1.15	
525	2204	22.1	9.5	52.8	16.7	4.1	27.0	3.06	1.20	
455	1907	19.2	8.2	47.1	14.2	3.9	21.8	2.66	1.05	
893	3750	35.9	16.1	103.7	16.3	6.3	36.6	4.99	1.96	
682	2857	28.3	13.6	72.3	20.4	10.5	29.6	3.72	1.46	
652	2734	28.3	12.9	70.3	19.2	9.4	24.7	3.51	1.38	
489	2050	22.7	9.7	51.2	12.5	3.4	18.6	2.51	0.99	
449	1881	20.7	8.9	45.7	10.9	2.8	18.9	2.77	1.09	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Meatfielder	Classic Crust	Large	304	1274	14.1	5.8	29.7	5.9	1.8	13.7	1.73	0.68
		Medium	315	1321	15.2	6.4	30.7	5.9	2.0	12.8	1.75	0.69
		Small	282	1178	13.2	5.5	26.6	3.6	2.1	13.3	1.57	0.62
		Personal	337	1415	15.0	5.9	37.3	5.3	1.9	12.4	1.89	0.74
	Italian Style Crust	Large	307	1284	15.7	6.5	24.5	6.6	1.9	15.8	1.86	0.73
		Medium	310	1297	16.3	6.7	24.7	6.2	2.1	15.0	1.92	0.76
		Small	326	1365	16.6	6.9	29.5	3.1	1.8	13.9	1.95	0.77
		Personal	280	1172	13.7	6.2	25.0	6.2	3.7	12.4	1.59	0.63
	Stuffed Crust	Large	291	1219	14.8	6.4	26.3	6.3	3.6	11.5	1.85	0.65
		Medium	337	1409	18.7	7.7	27.8	5.2	1.8	13.4	1.85	0.73
	Thin & Crispy Crust	Large	350	1461	19.5	8.0	27.4	5.0	1.7	15.2	2.25	0.88
		Medium	350	1461	19.5	8.0	27.4	5.0	1.7	15.2	2.25	0.88

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
718	3015	33.3	13.8	70.2	13.9	4.4	32.5	4.10	1.61	
652	2734	31.5	13.2	63.6	12.3	4.2	26.5	3.62	1.42	
1205	5032	56.4	23.5	113.4	15.4	9.1	56.8	6.89	2.63	
729	3060	32.4	13.7	80.6	11.4	4.0	26.7	4.09	1.61	
609	2548	31.3	12.9	48.7	13.1	3.8	31.3	3.69	1.45	
548	2292	28.9	11.8	43.6	11.0	3.7	26.5	3.39	1.33	
1076	4505	54.8	22.8	97.4	10.3	5.9	45.9	6.43	2.53	
955	3993	46.7	21.2	85.1	21.0	12.7	42.2	5.42	2.13	
741	3101	37.7	16.3	66.8	15.9	9.2	29.3	4.21	1.66	
573	2394	31.8	13.1	47.2	8.9	3.1	22.8	3.14	1.23	
538	2248	30.0	12.3	42.2	7.7	2.6	23.4	3.46	1.36	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
The Sizzler	Classic Crust	Large	284	1191	10.9	4.4	34.1	6.4	2.3	11.1	1.76	0.69
		Medium	290	1216	11.3	4.5	33.2	5.0	2.4	12.6	1.91	0.75
		Small	323	1356	12.4	5.0	37.9	6.2	3.4	13.5	1.84	0.72
		Personal	320	1345	10.5	4.3	41.7	6.1	3.3	13.1	1.81	0.71
	Italian Style Crust	Large	284	1189	12.7	5.0	28.1	7.8	2.5	13.1	1.89	0.75
		Medium	281	1177	12.6	5.0	27.6	7.4	3.2	12.7	2.27	0.89
		Small	292	1221	13.3	5.3	28.5	5.1	2.6	13.2	2.38	0.94
		Personal	270	1128	11.4	4.9	29.4	6.9	2.5	11.0	1.97	0.77
	Stuffed Crust	Large	279	1169	12.5	5.5	24.0	6.8	2.9	16.2	2.00	0.79
		Medium	295	1234	14.3	6.0	26.8	4.9	2.9	13.3	1.93	0.76
	Thin & Crispy Crust	Large	310	1299	15.0	6.2	31.0	5.0	2.5	11.6	2.03	0.80
		Medium	310	1299	15.0	6.2	31.0	5.0	2.5	11.6	2.03	0.80

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
662	2772	25.5	10.2	79.5	15.0	5.4	25.8	4.09	1.61	
584	2452	22.9	9.1	67.0	10.1	4.8	25.4	3.84	1.51	
1335	5596	51.0	20.7	156.3	25.6	14.2	55.5	7.80	2.99	
606	2544	19.9	8.1	78.8	11.5	6.2	24.7	3.42	1.34	
553	2314	24.7	9.8	54.7	15.1	4.9	25.5	3.69	1.45	
479	2005	21.6	8.5	47.0	12.5	5.5	21.6	3.88	1.52	
922	3855	42.0	16.6	90.0	16.2	8.1	41.8	7.52	2.96	
726	3037	30.7	13.3	79.1	18.5	6.6	29.7	5.30	2.08	
696	2913	31.2	13.8	59.9	17.1	7.1	40.3	4.98	1.96	
490	2050	23.8	9.9	44.5	8.1	4.9	22.1	3.20	1.26	
461	1931	22.4	9.3	46.1	7.4	3.7	17.2	3.02	1.19	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Tuna Supreme	Classic Crust	Large	254	1069	7.9	3.7	32.2	6.6	2.1	12.6	1.09	0.43
		Medium	260	1096	8.4	4.1	34.2	6.9				

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Vegi Classic	Classic Crust	Large	234	984	7.1	3.6	31.0	6.6	2.1	10.5	1.02	0.40
		Medium	242	1017	7.7	4.0	32.8	6.8	2.3	9.4	0.97	0.38
		Small	214	896	6.1	3.3	28.6	4.3	2.4	10.2	0.83	0.33
		Personal	272	1147	6.7	3.4	43.3	6.1	2.2	8.7	1.06	0.42
	Italian Style Crust	Large	223	935	7.5	3.8	25.9	7.5	2.2	12.0	1.00	0.39
		Medium	221	930	7.3	3.8	26.8	7.3	2.5	11.0	0.99	0.39
	Stuffed Crust	Large	219	918	7.7	4.3	26.0	6.8	4.0	9.6	0.97	0.38
		Medium	231	969	8.7	4.5	27.7	7.0	4.0	8.6	1.02	0.40
	Thin & Crispy Crust	Large	240	1006	8.2	4.6	29.6	6.2	2.2	8.9	0.84	0.33
		Medium	252	1056	9.5	4.9	30.0	6.1	2.1	10.7	1.22	0.48

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
528	2224	16.1	8.0	70.1	15.0	4.7	23.8	2.30	0.90	
467	1963	14.8	7.7	63.4	13.2	4.5	18.1	1.87	0.74	
843	3529	24.0	12.9	112.8	17.0	9.6	40.2	3.29	1.29	
499	2108	12.3	6.2	79.5	11.3	4.1	16.0	1.95	0.77	
418	1757	14.0	7.2	48.6	14.1	4.2	22.6	1.88	0.74	
358	1504	11.8	6.1	43.3	11.9	4.0	17.8	1.61	0.63	
714	3003	22.4	12.2	96.8	12.0	6.4	29.2	3.03	1.19	
575	2411	20.2	11.2	68.2	17.9	10.6	25.2	2.54	1.00	
555	2330	21.0	10.8	66.6	16.8	9.5	20.8	2.46	0.97	
382	1603	14.6	7.4	47.1	9.9	3.5	14.2	1.33	0.52	
352	1477	13.4	6.8	41.9	8.6	2.9	14.9	1.71	0.67	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Vegi Supreme	Classic Crust	Large	229	965	6.9	3.4	30.7	6.4	2.1	10.2	0.98	0.38
		Medium	236	994	7.5	3.8	32.3	6.5	2.3	9.1	0.93	0.37
		Small	210	878	5.9	3.1	28.3	4.2	2.4	9.9	0.80	0.32
		Personal	266	1123	6.5	3.2	42.5	6.3	2.2	8.4	1.02	0.40
	Italian Style Crust	Large	218	914	7.2	3.7	25.7	7.2	2.2	11.6	0.95	0.38
		Medium	216	907	7.1	3.6	26.5	7.0	2.4	10.6	0.94	0.37
		Small	233	981	7.3	3.9	31.9	3.8	2.1	9.4	0.97	0.38
	Stuffed Crust	Large	215	904	7.5	4.1	25.8	6.6	3.9	9.3	0.93	0.37
		Medium	227	953	8.5	4.4	27.5	6.8	3.9	8.4	0.99	0.39
	Thin & Crispy Crust	Large	233	977	8.8	4.4	29.2	5.9	2.2	8.5	0.79	0.31
		Medium	244	1023	9.1	4.6	29.5	5.8	2.0	10.2	1.15	0.45

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
539	2271	16.3	8.1	72.2	15.0	4.9	24.1	2.30	0.90	
477	2006	15.1	7.7	65.3	13.2	4.7	18.3	1.87	0.74	
862	3608	24.4	12.9	116.3	17.1	9.9	40.6	3.29	1.29	
508	2145	12.5	6.2	81.2	12.0	4.3	16.1	1.95	0.77	
429	1804	14.3	7.2	50.7	14.1	4.4	22.9	1.88	0.74	
368	1546	12.1	6.2	45.2	11.9	4.1	18.1	1.61	0.63	
732	3081	22.8	12.2	100.2	12.0	6.7	29.6	3.03	1.19	
586	2458	20.4	11.3	70.3	17.9	10.7	25.4	2.54	1.00	
566	2373	21.2	10.9	68.5	16.8	9.7	21.0	2.46	0.97	
393	1650	14.8	7.4	49.2	9.9	3.7	14.4	1.33	0.53	
367	1538	13.7	6.9	44.3	8.7	3.1	15.3	1.73	0.68	

The calorie and nutritional information given for our products is a guide only, as all our pizzas are handmade to order and nutritional values may vary.  
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