

	Small	213	899	4.1	1.8	28.7	3.7	2.5	14.4	1.65	0.65	716	3020	13.9	5.9	96.4	12.4	8.3	48.5	5.53	2.17
Stuffed Crust	Large	214	895	6.3	3.6	22.8	3.6	4.1	11.5	1.45	0.57	669	2799	19.8	11.3	71.2	11.3	12.9	36.0	4.53	1.78
	Medium	217	909	6.2	3.2	24.4	5.8	3.2	14.3	1.49	0.59	564	2369	16.3	8.3	63.5	15.2	8.2	37.4	3.89	1.53
Thin & Crispy Crust	Large	208	874	5.3	2.3	26.3	5.6	1.8	7.8	1.59	0.62	378	1592	9.6	4.3	48.0	10.3	3.3	14.2	2.89	1.14
	Medium	219	924	5.5	2.4	26.8	5.8	2.3	14.9	1.70	0.67	351	1478	8.8	3.8	42.8	9.3	3.7	23.9	2.72	1.07

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Meateor	Classic Crust	Large	308	1294	11.3	4.0	38.9	11.6	2.6	11.4	1.87	0.73
		Medium	314	1319	11.8	4.0	39.0	9.9	1.8	12.0	2.04	0.80
		Small	322	1355	12.6	4.2	39.2	9.5	2.2	12.1	1.71	0.67
		Personal	330	1386	13.7	4.5	38.6	9.5	2.1	12.1	1.77	0.70
	Italian Style Crust	Large	303	1270	12.6	4.4	35.8	13.9	2.1	10.4	1.66	0.65
		Medium	289	1206	11.6	4.7	34.0	10.3	1.3	11.5	1.82	0.71
		Small	294	1228	13.5	5.1	30.8	9.3	1.3	12.0	1.89	0.74
	Stuffed Crust	Large	299	1252	12.4	5.3	33.1	10.1	3.1	12.3	1.85	0.73
		Medium	292	1225	11.9	5.2	31.7	9.8	3.7	12.7	1.78	0.70
	Thin & Crispy Crust	Large	314	1318	13.8	4.8	32.1	12.2	2.4	14.1	1.89	0.74
		Medium	328	1375	14.8	5.1	36.9	12.5	1.7	11.0	2.16	0.85

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
745	3135	27.4	9.6	94.2	28.0	6.3	27.6	4.52	1.78	
667	2802	25.0	8.4	82.9	21.1	3.9	25.6	4.34	1.70	
1188	4991	46.3	15.6	144.3	34.9	8.3	44.6	6.30	2.48	
743	3122	30.9	10.1	86.9	21.4	4.6	27.2	4.00	1.57	
618	2593	25.8	9.1	73.2	28.4	4.4	21.2	3.39	1.33	
646	2698	26.0	10.5	76.0	23.0	3.0	25.8	4.06	1.60	
1005	4197	46.0	17.4	105.2	31.9	4.4	40.9	6.45	2.54	
859	3604	35.6	15.1	95.1	28.9	8.9	35.3	5.33	2.10	
789	3306	32.1	14.0	85.5	26.4	10.0	34.4	4.79	1.88	
551	2314	24.3	8.5	56.5	21.4	4.3	24.8	3.32	1.30	
522	2191	23.5	8.0	58.9	19.9	2.7	17.5	3.43	1.35	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Vegi Classic	Classic Crust	Large	215	907	4.0	1.5	34.3	7.0	3.9	8.7	0.99	0.39
		Medium	219	922	4.6	1.9	30.1	6.1	3.9	12.5	1.01	0.40
		Small	207	865	4.5	2.1	29.8	4.6	2.8	10.4	0.94	0.37
		Personal	249	1050	5.0	2.1	40.0	6.3	2.8	9.7	1.12	0.44
	Italian Style Crust	Large	201	848	5.0	2.4	27.0	6.5	3.6	10.6	0.96	0.38
		Medium	199	836	5.3	2.5	27.6	6.8	3.4	8.8	1.25	0.49
		Small	214	903	4.4	1.9	31.8	4.0	2.7	10.8	1.12	0.44
	Stuffed Crust	Large	225	946	6.9	3.6	26.1	7.2	2.8	13.4	1.19	0.47
		Medium	217	910	6.6	3.4	25.9	6.2	3.4	11.9	1.11	0.44
	Thin & Crispy Crust	Large	207	873	5.7	2.6	29.3	6.3	2.0	9.0	0.99	0.39
		Medium	220	927	6.0	2.6	29.8	6.5	2.6	10.8	1.07	0.42

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
486	2050	9.0	3.5	77.5	15.9	8.9	19.7	2.23	0.88	
422	1779	8.9	3.7	58.1	11.8	7.6	24.0	1.94	0.76	
815	3408	17.9	8.4	117.3	18.0	11.2	41.1	3.70	1.46	
458	1930	9.2	3.8	73.6	11.6	5.1	17.8	2.06	0.81	
378	1594	9.3	4.5	50.8	12.3	6.8	19.9	1.80	0.71	
321	1352	8.6	4.0	44.6	11.0	5.5	14.2	2.02	0.79	
635	2680	13.0	5.6	94.3	12.0	8.0	32.1	3.34	1.31	
590	2482	18.0	9.4	68.6	19.0	7.3	35.2	3.14	1.23	
521	2188	15.8	8.1	62.4	15.0	8.1	28.6	2.68	1.05	
331	1391	9.1	4.1	46.7	10.0	3.2	14.3	1.58	0.62	
308	1297	8.4	3.6	41.7	9.1	3.6	15.1	1.50	0.59	

Pizza name	Crust Type		Per 100g									
			Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Vegi Supreme	Classic Crust	Large	211	891	3.9	1.5	33.8	6.7	3.9	8.5	0.95	0.37
		Medium	214	903	4.5	1.8	29.8	5.9	3.8	12.0	0.96	0.38
		Small	203	848	4.5	2.1	29.4	4.4	2.8	10.1	0.90	0.35
		Personal	244	1030	4.9	2.0	39.4	6.5	2.8	9.4	1.08	0.42
	Italian Style Crust	Large	197	831	4.8	2.3	26.8	6.2	3.5	10.2	0.91	0.36
		Medium	195	819	5.1	2.3	27.3	6.5	3.4	8.5	1.19	0.47
		Small	208	879	4.3	1.8	31.1	3.8	2.6	10.4	1.06	0.42
	Stuffed Crust	Large	221	930	6.7	3.5	26.0	7.0	2.7	13.0	1.15	0.45
		Medium	213	895	6.4	3.3	25.8	6.0	3.3	11.6	1.07	0.42
	Thin & Crispy Crust	Large	202	852	5.5	2.4	28.9	5.9	2.0	8.6	0.94	0.37
		Medium	214	901	5.8	2.4	29.3	6.1	2.5	10.3	1.01	0.40

Per portion (Personal & Small = whole pizza, Medium & Large = 3 slices)										
Energy kcal	Energy kJ	Fat (g)	Sat (g)	Carb (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
497	2097	9.3	3.5	79.6	15.9	9.1	19.9	2.23	0.88	
432	1822	9.1	3.7	60.0	11.8	7.7	24.3	1.94	0.76	
833	3487	18.3	8.4	120.8	18.0	11.5	41.5	3.71	1.46	
467	1967	9.4	3.8	75.3	12.3	5.3	17.9	2.06	0.81	
389	1641	9.6	4.5	52.9	12.3	6.9	20.1	1.80	0.71	
331	1395	8.8	4.0	46.5	11.0	5.7	14.4	2.02	0.79	
654	2759	13.4	5.6	97.7	12.0	8.3	32.5	3.34	1.31	
601	2530	18.3	9.4	70.7	19.0	7.5	35.4	3.14	1.23	
531	2231	16.0	8.1	64.3	15.0	8.3	28.8	2.68	1.05	
342	1439	9.3	4.1	48.8	10.0	3.3	14.5	1.58	0.62	
318	1340	8.6	3.6	43.6	9.1	3.7	15.3	1.50	0.59	

The calorie and nutritional information given for our products is a guide only, as all our pizzas are handmade to order and nutritional values may vary.
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